

# CCA Athletics Overview

## Program Structure

CCA offers a comprehensive athletics program at both the **middle school (MS)** and **high school (HS)** levels, providing a wide range of opportunities for student-athletes to participate, compete, and develop.

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### Middle School Sports Offered 13

- Boys & Girls Cross Country
  - Soccer (Boy's & Girl's)
  - Basketball (Boy's & Girl's)
  - Cheerleading
  - Wrestling
  - Baseball
  - Softball
  - Girls Volleyball
  - Co-Ed Golf
  - Co-Ed Tennis
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### High School Sports Offered 13

- Men's & Women's Cross Country
  - Women's Golf
  - Soccer (Men's & Women's)
  - Basketball (Men's & Women's)
  - Cheerleading
  - Softball
  - Baseball
  - Wrestling
  - Men's Golf
  - Club Volleyball
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## Conference & State Affiliation

CCA became a member of the North Carolina High School Athletic Association in Fall 2024 and joined the Central Tar Heel Conference in Fall 2025.

The NCHSAA serves as the governing body for public and charter high school athletics in North Carolina. It establishes rules and standards including:

- Number of games per season (e.g., limited scrimmages)
  - Official start dates for practices and competition
  - Athlete eligibility (age limits, JV restrictions for seniors)
  - Medical and physical requirements
  - Playoff qualifications and seeding
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## High School Conference Structure

The Central Tar Heel Conference includes:

- CCA
- Chatham Charter
- River Mill
- Clover Garden
- Ascend
- Southern Wake
- Hawbridge (joining Fall 2026)

The conference secretary develops schedules approximately **9 months in advance**, allowing schools to coordinate non-conference games.

**Middle school is not in a conference.**

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## Scheduling Overview

- Typical HS seasons include **16–22 games** and MS seasons **12-14 games**, depending on decisions by the Athletic Director (AD) and coaches.
  - Non-conference games are scheduled based on:
    - Geographic location
    - Competitive balance
    - Travel distance
    - Existing relationships between schools
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## Conference Competition & Awards

At the conclusion of each season, the conference:

- Hosts **conference tournaments** (if applicable)
- Holds a coaches' meeting to vote on:
  - Player of the Year (POY)
  - Coach of the Year (COY)
  - Sportsmanship Award
  - All-Conference Teams

Awards are based strictly on **conference performance**.

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## Scheduling Challenges

If a school cannot field or complete a season:

- Conference schedules are disrupted
- Tournament formats may be impacted
- Non-conference opponents are also affected

Because games are scheduled **6–9 months in advance**, replacing canceled games—especially mid-season—is extremely difficult.

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## Athletic Budget & Funding

CCA operates with an annual athletic budget of **\$20,000**, which covers:

- Uniforms
- Equipment
- Coaches' salaries
- Officials
- Facility rentals
- Transportation

As a newer program, all teams required full equipment and uniform purchases, funded by the school.

- Coach salaries are set by the Principal/AD to align closely with local county standards.

- CCA does not currently have an Athletic Booster Club, but receives supplemental support from the **PTO**, which provides funds upon request.